

# Pi Poem

They pump arms strong  
in a time bash  
hard  
agonising push  
addict rhythm of sinews, muscles  
gym beefs  
aerobic heart pounding,  
mat bend.

Envious beginners  
with sideline glances  
desiring  
instant sculpture Abs  
striving, hiding newbie status  
watching trainers bearing “been there” grins.  
gym bunnies and sweat buddies  
weight loss, shaved perspiration bodies  
for two weeks  
and quit!

WALT: To write a poem with syllables following the pattern of Pi on each line. [Pupil's Poetry Resource - Poetry Extreme](#)

Pi = 3.1415926535897932384626433832